



	Term 1	Term 2	Term 3	Term 4
Week 1		RRRR Topic 1: Emotional literacy Activity 5: Drawing emotions	RRRR Topic 5: Stress Management Activity 1: The melting tiger game	RRRR Topic 7: Gender and identity Activity 3: Anyone can choose
Week 2		RRRR Topic 2: Positive coping Activity 1: The fast emotions game	RRRR Topic 5: Stress Management Activity 2: How stressful?	RRRR Topic 7: Gender and identity Activity 4: Everyone can be strong and gentle
Week 3		RRRR Topic 2: Positive coping Activity 2: The I Think I Can game	RRRR Topic 5: Stress Management Activity 3: Positive play	RRRR Topic 8: Positive gender relations Activity 1: Fair and friendly play
Week 4		RRRR Topic 2: Positive coping Activity 3: How are you today?	RRRR Topic 6: Help-seeking Activity 1: Don't drop the ball game	RRRR Topic 8: Positive gender relations Activity 2: What is fair? What is violent?
Week 5		RRRR Topic 2: Positive coping Activity 4: Calm time	RRRR Topic 6: Help-seeking Activity 2: Who are your helpers at school?	RRRR Topic 8: Positive gender relations Activity 3: Sharing the play space and equipment
Week 6	RRRR Topic 1: Emotional literacy Activity 1: The emotions echo game	RRRR Topic 2: Positive coping Activity 5: Managing emotions	RRRR Topic 6: Help-seeking Activity 3: My helpful people	RRRR Topic 8: Positive gender relations Activity 4: Witnessing gender-based violence at school
Week 7	RRRR Topic 1: Emotional literacy Activity 2: What do emotions look like?	RRRR Topic 3: Problem solving Activity 1: The picnic problem solving game.	RRRR Topic 6: Help-seeking Activity 4: How to ask for help	RRRR Topic 8: Positive gender relations Activity 5: What are clothes for?
Week 8	RRRR Topic 1: Emotional literacy Activity 3: Mirror, mirror on the wall how are you feeling over all?	RRRR Topic 3: Problem solving Activity 2: Can everyone play?	RRRR Topic 7: Gender and identity Activity 1: Who am I? Different things to know about me	RRRR Topic 8: Positive gender relations Activity 6: Keeping my body safe
Week 9	RRRR Topic 1: Emotional literacy Activity 4: What do emotions sound like?	RRRR Topic 3: Problem solving Activity 3: Friendly or unfriendly decisions?	RRRR Topic 7: Gender and identity Activity 2: Exploring gender: Boys and girls can be the same and different	
Week 10				

Year 1 and Year 2 Respectful Relationships Scope & Sequence
Even Years (e.g. 2022)

	Term 1	Term 2	Term 3	Term 4
Week 1	RRRR Topic 1: Emotional literacy Activity 1: Emotions statues	RRRR Topic 2: Personal strengths Activity 2: The traffic lights game: a focus on listening	RRRR Topic 3: Positive coping Activity 3: Facing fears	RRRR Topic 4: Problem solving Activity 3: Real world problems
Week 2				
Week 3	RRRR Topic 1: Emotional literacy Activity 2: Emotion triggers	RRRR Topic 2: Personal strengths Activity 3: Strength detectives	RRRR Topic 3: Positive coping Activity 4: Managing anger	RRRR Topic 5: Stress Management Activity 1: The slow motion game for a calmer classroom
Week 4				
Week 5	RRRR Topic 1: Emotional literacy Activity 3: Acts of friendship	RRRR Topic 2: Personal strengths Activity 4: Building the strengths display	RRRR Topic 3: Positive coping Activity 5: The 'anyone who likes' game	RRRR Topic 5: Stress Management Activity 2: What is stress?
Week 6				
Week 7	RRRR Topic 1: Emotional literacy Activity 4: Sharing stories about acts of kindness	RRRR Topic 3: Positive coping Activity 1: Who goes first	RRRR Topic 4: Problem solving Activity 1: Let's work together: cooperative games	RRRR Topic 5: Stress Management Activity 3: Coping with stress
Week 8				
Week 9	RRRR Topic 2: Personal strengths Activity 1: The connections game: a focus on partnership skills	RRRR Topic 3: Positive coping Activity 2: Cheering up and calming down	RRRR Topic 4: Problem solving Activity 2: Dante's got problems	RRRR Topic 5: Stress Management Activity 4: Relaxation techniques
Week 10				

Year 1 and Year 2 Respectful Relationships Scope & Sequence
Odd Years (e.g. 2023)

	Term 1	Term 2	Term 3	Term 4
Week 1	RRRR Topic 5: Stress Management Activity 5: Helping letters	RRRR Topic 7: Gender and identity Activity 1: Identity: comparing personal preferences	RRRR Topic 8: Positive gender relations Activity 2: Creating a gender-friendly classroom	
Week 2				
Week 3	RRRR Topic 6: Help-seeking Activity 1: The 'life raft' game	RRRR Topic 7: Gender and identity Activity 2: Labels are for jars, not for people	RRRR Topic 8: Positive gender relations Activity 3: What is gender-based violence?	
Week 4				
Week 5	RRRR Topic 6: Help-seeking Activity 2: I can help my friends	RRRR Topic 7: Gender and identity Activity 3: Inclusive gender stories	RRRR Topic 8: Positive gender relations Activity 4: The opposite of violence is respect	
Week 6				
Week 7	RRRR Topic 6: Help-seeking Activity 3: How do I ask for help?	RRRR Topic 7: Gender and identity Activity 4: Using personal strengths to resist gender stereotyping	RRRR Topic 8: Positive gender relations Activity 5: Respect my space, respect my body	
Week 8				
Week 9	RRRR Topic 6: Help-seeking Activity 4: Who can I ask for help?	RRRR Topic 8: Positive gender relations Activity 1: What is fair play?		
Week 10				

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Year 3 and Year 4 Respectful Relationships Scope & Sequence
Even Years (e.g. 2022)

	Term 1	Term 2	Term 3	Term 4
Week 1	RRRR Topic 1: Emotional literacy Activity 1: The emotions echo game	RRRR Topic 2: Personal strengths Activity 1: Building team strengths through Cooperative games	RRRR Topic 3: Positive coping Activity 2: Understanding strong emotions	RRRR Topic 4: Problem solving Activity 2: Roads and roundabouts problem solving mode
Week 2				
Week 3	RRRR Topic 1: Emotional literacy Activity 2: What do emotions look like?	RRRR Topic 2: Personal strengths Activity 2: What are personal strengths?	RRRR Topic 3: Positive coping Activity 3: The traffic lights game	RRRR Topic 4: Problem solving Activity 3: Problem-solving in peer situations
Week 4				
Week 5	RRRR Topic 1: Emotional literacy Activity 3: Emotional triggers	RRRR Topic 2: Personal strengths Activity 3: Strengths we use every day	RRRR Topic 3: Positive coping Activity 4: Taming angry feelings	RRRR Topic 4: Problem solving Activity 4: Evaluating problem-solving strategies
Week 6				
Week 7	RRRR Topic 1: Emotional literacy Activity 4: Emotions in the school day	RRRR Topic 2: Personal strengths Activity 4: Setting goals to develop strengths	RRRR Topic 3: Positive coping Activity 5: Making apologies	RRRR Topic 5: Stress management Activity 1: What is 'stress'?
Week 8				
Week 9	RRRR Topic 1: Emotional literacy Activity 5: Positive peer support	RRRR Topic 3: Positive coping Activity 1: The everyone is different game	RRRR Topic 4: Problem solving Activity 1: Knots problem-solving game	RRRR Topic 5: Stress management Activity 2: Slow motion mirror game
Week 10				

Year 3 and Year 4 Respectful Relationships Scope & Sequence
Odd Years (e.g. 2023)

	Term 1	Term 2	Term 3	Term 4
Week 1	RRRR Topic 5: Stress management Activity 3: Calming and coping	RRRR Topic 6: Help-seeking Activity 4: Help-seeking sources	RRRR Topic 7: Gender and identity Activity 3: Investigating gender roles in children's media	RRRR Topic 8: Positive gender relations Activity 5: It starts with me: A gender-friendly community
Week 2				
Week 3	RRRR Topic 5: Stress management Activity 4: Relaxation techniques	RRRR Topic 6: Help-seeking Activity 5: Help-seeking role plays	RRRR Topic 8: Positive gender relations Activity 1: What is violence?	RRRR Topic 8: Positive gender relations Activity 6: Seeking safety, seeking help
Week 4				
Week 5	RRRR Topic 6: Help-seeking Activity 1: The mimed messages game	RRRR Topic 6: Help-seeking Activity 6: Picture story book	RRRR Topic 8: Positive gender relations Activity 2: What is gender-based violence?	RRRR Topic 8: Positive gender relations Activity 7: Practising asking for help in situations involving gender-based violence
Week 6				
Week 7	RRRR Topic 6: Help-seeking Activity 2: Help-seeking scenarios	RRRR Topic 7: Gender and identity Activity 1: My individuality: The many facets of me	RRRR Topic 8: Positive gender relations Activity 3: Rights and responsibilities	
Week 8				
Week 9	RRRR Topic 6: Help-seeking Activity 3: How big is the problem?	RRRR Topic 7: Gender and identity Activity 2: Exploring gender norms through literature	RRRR Topic 8: Positive gender relations Activity 4: Respect in action	
Week 10				

Year 5 and Year 6 Respectful Relationships Scope & Sequence
Even Years (e.g. 2022)

	Term 1	Term 2	Term 3	Term 4
Week 1	RRRR Topic 1: Emotional Literacy Activity 1: The emotions echo game	RRRR Topic 2: Personal Strengths Activity 2: Being kind and being brave	RRRR Topic 3: Positive Coping Activity 3: How are you today?	RRRR Topic 4: Problem Solving Activity 3: Friendly or unfriendly decisions?
Week 2				
Week 3	RRRR Topic 1: Emotional Literacy Activity 2: What do emotions look like?	RRRR Topic 2: Personal Strengths Activity 3: What does being brave look like?	RRRR Topic 3: Positive Coping Activity 4: Calm time	RRRR Topic 5: Stress Management Activity 1: The melting tiger game
Week 4				
Week 5	RRRR Topic 1: Emotional Literacy Activity 3: Mirror, mirror the wall, how are you feeling overall?	RRRR Topic 2: Personal Strengths Activity 4: Personal strengths celebration tree	RRRR Topic 3: Positive Coping Activity 5: Managing emotions	RRRR Topic 5: Stress Management Activity 2: How stressful?
Week 6				
Week 7	RRRR Topic 1: Emotional Literacy Activity 4: What do your emotions sound like?	RRRR Topic 3: Positive Coping Activity 1: The fast emotions game	RRRR Topic 4: Problem Solving Activity 1: The picnic problem solving game	RRRR Topic 5: Stress Management Activity 3: Positive play
Week 8				
Week 9	RRRR Topic 1: Emotional Literacy Activity 5: Drawing emotions	RRRR Topic 3: Positive Coping Activity 2: The I Think I Can game	RRRR Topic 4: Problem Solving Activity 2: Can everyone play?	RRRR Topic 6: Help-seeking Activity 1: Don't drop the ball game
Week 10				

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Year 5 and Year 6 Respectful Relationships Scope & Sequence
Odd Years (e.g. 2023)

	Term 1	Term 2	Term 3	Term 4
Week 1	RRRR Topic 6: Help-seeking Activity 2: Who are your helpers at school? .	RRRR Topic 7: Gender & Identity Activity 3: Anyone can choose	RRRR Topic 8: Positive Gender Relations Activity 3: Sharing the play space and equipment	
Week 2				
Week 3	RRRR Topic 6: Help-seeking Activity 3: My helpful people	RRRR Topic 7: Gender & Identity Activity 4: Everyone can be strong and gentle	RRRR Topic 8: Positive Gender Relations Activity 4: Witnessing gender-based violence at school	
Week 4				
Week 5	RRRR Topic 6: Help-seeking Activity 4: How to ask for help	RRRR Topic 8: Positive Gender Relations Activity 1: Fair and friendly play		
Week 6				
Week 7	RRRR Topic 7: Gender & Identity Activity 1: Who am I? Different things to know about me	RRRR Topic 8: Positive Gender Relations Activity 2: What is fair? What is violent?.		
Week 8				
Week 9	RRRR Topic 7: Gender & Identity Activity 2: Exploring gender: Boys and girls can be the same and different	RRRR Topic 8: Positive Gender Relations Activity 3: Sharing the play space and equipment		
Week 10				